

SOL- Hypnosis®(PALAWAN) TRAINING PROGRAM



SOL- Hypnosis® (PALAWAN) Intensive Seminars I&II and III

SOL- Hypnosis® is a psycho-energetic system that enables direct, verbal communication with the subconscious of a patient/client. In this way, unconscious blockages can be released, life perspectives recognized, and self-healing processes initiated for both physical and mental illnesses. This entire system is taught and experienced in the SOL- Hypnosis® PALAWAN intensive seminar, so that successful completion of this seminar enables you to use SOL hypnosis independently and responsibly.



Supervision Phase

Once you have successfully completed the SOL- Hypnosis® PALAWAN intensive seminar (I&II III), the supervision phase begins. You now have all the prerequisites to acquire the necessary experience, accompanied by our supervision, to apply SOL hypnosis not only safely but also efficiently to any problem your patient/client may have.

SOL- Hypnosis® In-Depth Seminar (Palawan Level IV)

This 5-day seminar focuses on deepening the material taught in the SOL- Hypnosis® PALAWAN Intensive Seminars, in particular the processing in deep trance. The seminar serves as preparation for the exam. If you can prove in the seminar that you have mastered SOL hypnosis with sufficient experience, you will receive your examination certificate here. The following requirements must be met by the participants:

- The introduction, report building, deepening, deep trance introduction and exit must be performed by heart. The use of documents is not permitted.
- The performance of direct SOL hypnosis must be mastered in its entirety without documentation - with the exception of effective suggestions.
- Presentation and discussion of 10 anonymized hypnosis protocols including the corresponding (anonymized) anamnesis forms.

Examination

As soon as you have sufficient experience in the use of SOL hypnosis and meet the above requirements, you can take your final exam in a one-day examination. Here you will meet with a real client/patient who has a real - usually very serious - life problem that they would like to solve using SOL hypnosis. Examination hypnosis is free of charge for the client, which gives clients the opportunity to receive SOL hypnosis treatment that they might not otherwise be able to afford.

In the presence of an examiner, the client places themselves confidently in your hands. During the examination, the focus is solely on the client's well-being: The exam includes a complete SOL hypnosis session with all explanations of SOL hypnosis, pre-talk, directive and deep trance hypnosis and post-talk.



Graduation

After passing the final examination, you will receive a certificate that identifies you as a SOL hypnotherapist. This entitles you to use the protected professional title SOL-Hypnotherapist® on your CV.

Quality Assurance / Licensing

In order to participate in the "SOL-Hypnosis" brand, you have the option of concluding a brand license agreement with us, whereby you undertake to use SOL-Hypnosis only in accordance with the quality assurance specifications. This gives you the authorization to offer SOL-Hypnosis® under this protected designation. As a licensed SOL hypnotherapist, you will receive your own seal with your own test number and your own profile page on our homepage. There is a regular exchange of experience in terms of further training so that all licensed SOL hypnotherapists are always up to date. These further training courses in SOL hypnosis are free of charge with licensing. There are also no fixed costs for licensing. Please contact us or inquire with the SOL hypnotherapists listed on our website.

Licensing is essential to ensure the long-term quality of treatment. SOL hypnosis has proven time and again to be extremely effective when it comes to bringing about self-healing processes for physical illnesses or mental disorders.

As a result, people from all over the world often place their hopes in SOL hypnosis. However, no one can say in advance of such a hypnosis treatment whether the desired changes will occur. With our licensing, we are at least ensuring that the opportunities offered by SOL hypnosis can be used in the best possible way through uniform treatment standards.

What are the requirements for the SOL hypnotherapist training?

The minimum age for participation in the SOL Hypnosis Intensive Seminar, which is both a treatment and training seminar, is 18 years. As a SOL hypnotherapist, you will mainly be consulted by patients/clients who find themselves in difficult and stressful life situations, whether they are suffering from serious psychological stress or a serious physical illness. The empathic approach to these people requires a minimum level of life experience, which we estimate at 28 years. A minimum age of 28 is therefore a prerequisite for entry into the supervision phase and admission to the final examination.

In addition to personal life experience, a good general education, precise use of language and a good ability to concentrate are just as important as a high degree of empathy.

How long does the training to become a SOL hypnotherapist take?

You will need approx. 50 hours for the self-study of the Directive SOL hypnosis, which is based on the video seminar (in German only) or Intensive Seminar I&II (in English & French in Palawan) in preparation for the intensive seminar.

The SOL- Hypnosis Intensive Seminar lasts 9 days (may vary in PALAWAN depending on number of seminar-participants (min. 3)) and comprises approx. 100 hours including the phases of your own follow-up work.

The follow-up In-Depth Seminar lasts 5 days and comprises 40 hours.

The duration of the subsequent supervision phase depends on the previous training and the intensity of the self-study. For example, a doctor or psychotherapist who has grasped the system of SOL hypnosis during the seminars will be able to take the final examination shortly after the seminars due to their previous knowledge, whereas someone who has no such previous training may need 2 or 3 years to do so. However, if they study the contents of SOL hypnosis intensively on their own, 6 - 12 months is quite realistic.

In our experience, participants in the intensive seminar develop great respect for SOL hypnosis, particularly due to the phenomena that regularly occur in the seminar. If the seminar participants experience themselves in a previous life, in the prenatal phase or in a dimension outside of time and space, which is the

rule, this is admittedly very disconcerting, even if the positive effects that usually occur immediately after such hypnosis speak for themselves. Due to different individual backgrounds and influencing factors, we cannot say how long you will need to master SOL hypnosis in order to pass the test. With appropriate commitment, 6 months or approx. 500 hours are quite realistic.

What does Training to become a SOL Hypnotherapist cost?

SOL- Hypnosis intensive seminar: € 3.450,-

Repetition of SOL intensive seminar: € 2.500,-

In-Depth SOL- Hypnosis Seminar: € 2.000,-

Exam: € 900,- (fix globally)

For any updates refer to the public website:

https://sol-hypnose.de/ausbildung-sol-hypnosetherapeut_in/

For seminar costs I&II and III, IV and activities at SOL-Hypnosis in Palawan, please see separate price list published on the website www.sbcompetence.com.