



STEPHAN BECK
SB-COMPETENCE
for clarity of purpose

COUNSELING - COACHING - CONSULTING



ABOUT ME

My work bridges inner alignment and real-world execution.

I bring together three decades of leadership experience, proven manifestation steps, and direct subconscious work – so that you not only know what you want, but actually achieve it.

[Book a free 30-minute call](#)

Three decades of leadership. Decades of inner work.

Managing Director in an international corporation at 30. Then over a decade as an expat – leading turnarounds, building teams, opening markets across Europe and Asia.

Then came the moment that changed everything: an ambulance, a hospital, my heart. I declined surgery and medication – not out of recklessness, but because I sensed the answer lay elsewhere.

What happened then took more than my health. It took my freedom. And I had always been a seeker – since I was 18, I had been drawn to what lies beneath the visible world.

When I found SOL-Hypnosis, I knew it – even before I made first contact: this is where I will find healing. In my first seminar, I witnessed things my worldview couldn't explain – people moving legs in deep trance that had been still for a long time; a dialogue with the subconscious that shook me to the core and moved me to tears of humility. And in the midst of it: my own healing, within the first ten days.

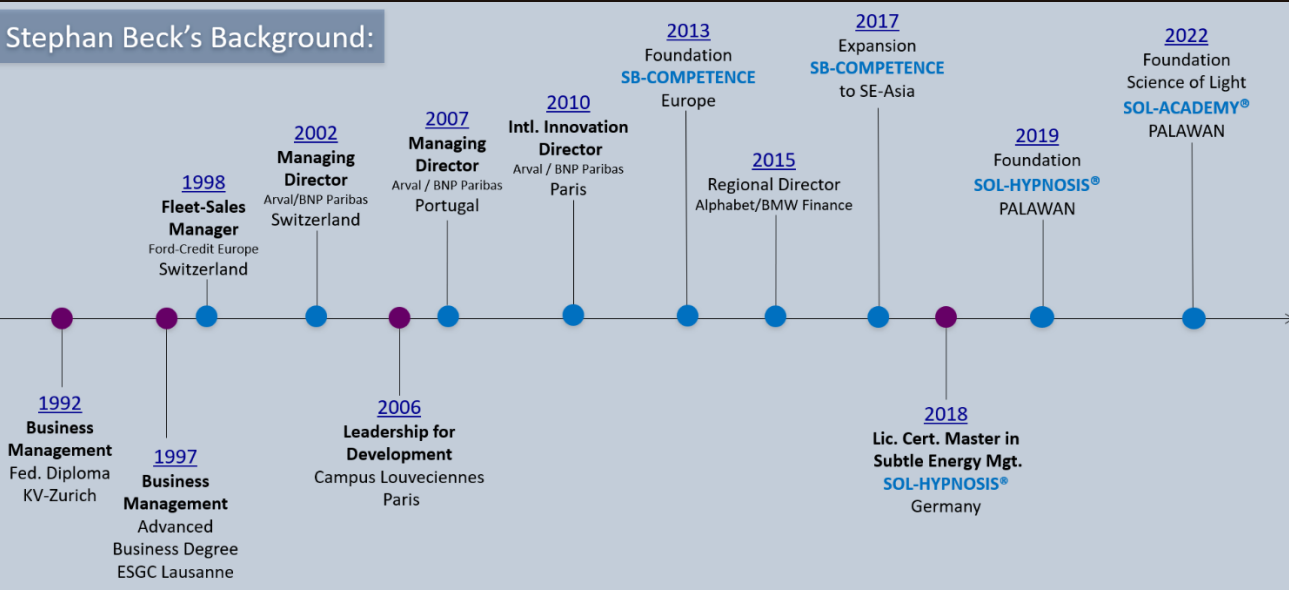
But experience alone wasn't enough. I had to understand it. Four years of quantum physics later, I had my answer – and knew, finally, what I was made for.

What followed was a learning process without end – hundreds of sessions, as both therapist and client. Every hypnosis is different – and yet more than 80% of clients achieve the goals agreed on in the initial conversation, already in the first session. Deepened over years through SOL-Hypnosis® and cognitive consciousness work. Not as theory – as lived practice.

In Chinese BaZi Metaphysics, this pattern is known as “Sha-Yin” – the rare capacity to turn pressure into wisdom rather than being broken by it. Resistance becomes substance; Lead becomes Gold.

A path spanning three decades.

From corporate leadership across Europe and Asia to founding SOL-Hypnosis® Palawan and SOL-Academy™ – the milestones that shaped this work.



What drives this work.

VISION

A world in expanded consciousness.

A world full of people living in expanded consciousness – and creating deliberately, in Wealth, Health and Relationships.

MISSION

Bridging inner work and real life.

As a bridge builder, I guide people toward expanded consciousness through direct work with the subconscious mind – which drives over 90% of life.

PURPOSE

The highest form of creating.

Lived, embodied, and guided in others. Not technique. Not method. Being.

Results people have created.

WEALTH / BUSINESS

- New companies built across aviation, real estate, tourism and trading – within 5 months
- Fivefold revenue increase of a company
- New financial service built, USD 12 million annual revenue
- Doubling of B2B new business within 12 months

HEALTH / PERSONAL

- Cancer overcome after 14 years – return to professional life
- Anxiety and depression replaced with joy of life
- Mobility impairment resolved, motor function improved
- Vitality and self-confidence regained after burnout

A selection from practice – individual results, not guarantees.



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“There is neither luck nor misfortune nor coincidence. There is only cause and effect.”

Free. Confidential. No obligation. A first conversation makes clear whether, and which, next step makes sense for you.

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